

Report - Mock Drill for Earthquake and Life Safety

School preparedness drill was conducted at 11 am on 25 April 2016.

One of the most destructive phenomena of nature is a severe earthquake and its terrible effects. Delhi and its surrounding areas fall in high risk seismic zone IV. So Drop, Cover, Hold is designed and adapted internationally with the aim of avoiding careless and dangerous behavior in order to bring less damage to people due to earthquake.

Self help measures for disasters

- After warning bell students have to drop down to their knees on the floor in order to maintain their balance (Drop).
- Find on appropriate place such as under a study table or bench (Cover).
- In the next step (Hold on) one should hold on to table to maintain protection of his/her head and neck until the earth shaking stops.
- (Again bell will be rung) and then evacuate to the designated open assembly point.
- All exit routes signage were kept clean with proper

After the Tremors Subside

- Check for injuries and first treat yourself. Then help other
- Remain Calm and self assured and help others who are distressed.
- Check for fire call the Fire Service (101), Police Control Room (100), Disaster helpline No.- 1077
- All Heads were counted in the Assembly points

Students were told in detail regarding the 'escape Plan'. Mock Practice of 'Drop, Cover, Hold was given. They were told to keep the escape routes clear. This mock drill was successful and brought about awareness in the students and staff members. It was indeed an effective way to guide and prepare students to remain safe during on earthquake.

Gajraj House conducted Mock Drill.